

Quote of the Month: **“Progress is impossible without change, and those who cannot change their minds cannot change anything.”** George Bernard Shaw

Gunpowder, Treason & Plot!



I know it feels more like winter once the clocks go back and the temperatures start to drop, but now it’s even more challenging as we have one more month in Covid Lockdown!

Check out the latest news from the Maltings in this month’s newsletter



Maltings Update

You’ve probably seen in the press, and on social media, that GP surgeries nationwide are exceptionally busy; and **the Maltings** is no exception!

The Surgery is doing the best they can in **unprecedented circumstances** and they really need our support right now; please exercise some patience and understanding – and don’t have too many unrealistic expectations!

The Surgery is open! But with an emphasis on keeping everyone safe during this new lockdown.

The whole team is ready to help, from admin support and secretaries, to the nurses, paramedics and GPs.

There are many ways to make contact. You can call the Assessment team weekdays 8am-10am (the list may close earlier if there are very high call volumes). You can register for Patient Access and make use of slots released at 8pm daily for a call back the following morning, or you can submit an online consultation on the website.



Flu Jabs

Delivering the flu jabs in the Maltings Shopping Centre’s Service Yard on Sundays on a drive-through basis has been very successful.

The Surgery is still waiting for an update from NHS-England on the availability of the vaccine for the “50+” cohort.

Features of the Month



Your Health Matters

We’re running a series of health seminars each month on subjects that are relevant to you and your family

The First One – Wax, Snot, & Glue

The first seminar, on Tuesday December 10 from 7:00-8:00 pm, is all about our **Ears, Noses and Throats**. Full details can be found here

<https://www.eventbrite.co.uk/e/ear-nose-throat-your-questions-answered-tickets-123686414395>

The Second One -Arthritis

That will be followed on Tuesday January 12 (also from 7:00-8:00 pm) with everything you ever wanted to know about Arthritis. Full details can be found here

The Format

Seminars are just one hour long and are online; they will be saved and accessible for a while after the event. There is a full monthly program for 2021 on the second Tuesday of each month.

<https://www.eventbrite.co.uk/e/living-with-arthritis-dr-malcolm-persey-tickets-127614094191>



It’s a simple survey on recent patient experience and will only take a few minutes; simply click here

<https://forms.gle/gmoVrcma4xQrJr8GA>